

The best tasting and most extensive line of shaped and formed purees available. Our line of single serve puree products designed to provide your facility maximum versatility, ease of use and reduced labor while meeting IDDSI guidelines.

Café puree

Single Serve,
Microwaveable Purees.

Café parfait®

Single Serve, High Protein,
High Calorie Desserts.

- *Café Puree is the first puree product line designed to be microwaveable that can also be prepared via conventional oven, steamer, or stove top and also work great in retherm systems.*
- *Made with real food! No hidden MSG, egg fillers or mechanically separated meat. We use great ingredients & have developed visually appealing shapes to create a range of appetizing purees delivering the look, taste and aroma to maximize patient's nutritional consumption!*
- *Instead of high volume liquid supplements; your patients will enthusiastically eat these great tasting high protein and high calorie desserts. Just thaw and serve!*
- *Because they are actually consumed and not thrown away, these delicious desserts are a more cost effective solution to liquid supplements, and give your patients a sense of normalcy where they can delight in eating a dessert that also happens to be good for them.*

*The bold new shape of purees.™
The bold new shape of supplements.™*

Preparation Instructions

Microwave (from frozen): Using a 1,400 watt microwave, place puree portion inside microwave oven, film side up. Do not remove or puncture film. Cook on MEDIUM POWER SETTING until a minimum internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Oven (from frozen): Place puree portion, film side up, on baking pan or tray. Do not remove or puncture film. Bake in preheated oven at 230°F until an internal temperature of 165° is reached. Approximately 30 to 35 minutes cooking time. DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Steamer (from frozen or thawed): Place puree portion, film side up, in steamer pan, on baking pan or tray. Do not remove or puncture film. Bake in preheated oven until an internal temperature of 165°F is reached (170- 180 °F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking,

vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Stove Top (from frozen or thawed): Fill 1 inch of water into a flat pan or cooking vessel. Turn stove on medium heat and wait until water begins to simmer. Place puree portion film side up into the water. Do not remove or puncture film. Water should not cover top of portion. Cover cooking vessel with lid or foil. Simmer until an internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray.

Retherm: For quality and food safety purposes, products must be cooked to an internal temperature of at least 165°F (170°-180°F for Mac & Cheese and Spaghetti & Meat Sauce) prior to unmolding, plating and placing in retherm. Please follow your retherm manufacturers handling guidelines for optimal product performance.

(Detailed Preparation Instructions are provided in each case of product. The above instructions are for Meats, Vegetables and Breakfast items from frozen. For instructions from thawed, fruits and desserts and to view Training Video's for all oven types, please visit www.cmicanada.net)

Nutritional Information

Item Number	Description	Portion grams	Calories	Fat Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Potassium	Phosphorus	Carbs	Fiber	Sugars	Protein
CAFE PUREE® MEATS															
	3oz Puree Roasted Turkey	85	170	90	8g	1.5g	0g	45mg	230mg	230mg	102mg	5g	0g	0g	21g
	3oz Puree Country Style Pork	85	130	22.5	2.5g	1g	0g	35mg	250mg	190mg	130mg	6g	0g	0g	21g
	3oz Puree Baked Ham	85	180	63	7g	1.5g	0g	20mg	440mg	130mg	210mg	8g	0g	0g	21g
	3oz Puree Savory Roast Beef	85	160	54	6g	2.9g	0g	40mg	250mg	250mg	120mg	6g	0g	0g	21g
	3oz Puree Southern Style Chicken	85	150	45	5g	1.5g	0g	50mg	230mg	320mg	120mg	6g	0g	0g	21g
	3oz Puree Beef Patty	85	160	54	6g	2g	0g	38mg	295mg	200mg	130mg	5g	0g	0g	21g
22019	24/3oz Variety Pack: 4 portions of Country Style Pork, Baked Ham, Roasted Turkey. 6 portions of Southern Style Chicken, Savory Roast Beef.														
CAFE PUREE® VEGETABLES															
	3.2oz Puree Glazed Carrots	90	130	54	6g	1g	0g	0mg	115mg	140mg	0mg	19g	2g	8g	0g
	3.2oz Puree Country Style Green Beans	90	120	54	6g	1g	0g	0mg	280mg	10mg	60mg	14g	2g	3g	1g
	3.2oz Puree Corn on the Cob	90	170	81	9g	1.5g	0g	0mg	180mg	190mg	60mg	24g	1g	9g	2g
	3.2oz Puree Seasoned Peas	90	160	72	8g	1g	0g	0mg	200mg	110mg	60mg	18g	3g	7g	4g
	3.2oz Puree Garden Broccoli	90	100	54	6g	1g	0g	0mg	220mg	230mg	50mg	12g	2g	2g	2g
22039	24/3.2oz Variety Pack: 4 portions of Corn on the Cob, Garden Broccoli, Country Style Green Beans, Seasoned Peas. 8 portions of Glazed Carrots.														
CAFE PUREE® FRUITS															
	2.5oz Puree Mixed Berries	70	70	0	0g	0g	0g	0mg	30mg	95mg	9mg	19g	1g	17g	0g
	2.5oz Puree Sliced Peach	70	60	0	0g	0g	0g	0mg	20mg	127mg	11mg	15g	1g	14g	1g
	2.5oz Puree Sliced Pear	70	60	0	0g	0g	0g	0mg	25mg	104mg	6mg	17g	2g	13g	0g
	2.5oz Puree Pineapple	70	60	0	0g	0g	0g	0mg	15mg	19mg	0mg	16g	0g	13g	0g
22059	24/2.5oz Variety Pack: 6 portions of Sliced Pear, Sliced Peach, Pineapple, Mixed Berries.														
CAFE PUREE® BREAKFAST															
	3oz Puree Scrambled Egg	85	200	120	14g	3.5g	0g	70mg	290mg	140mg	99mg	9g	0	4g	9g
	3oz Puree Sausage Link	85	160	90	10g	3.5g	0g	35mg	440mg	180mg	120mg	6g	0g	0g	20g
	3oz Puree Bacon Strips	85	290	162	18g	6g	0g	40mg	450mg	130mg	80mg	6g	0g	0g	22g
22110	24/3oz Breakfast Variety Pack: 6 portions of Bacon Strips, Sausage Links. 12 portions of Scrambled Egg														
CAFE PARFAIT® DESSERTS															
	3oz Puree Apple Cobbler	85	200	72	8g	4.5g	0g	10mg	65mg	260mg	3mg	22g	1g	15g	10g
	3oz Puree Strawberry Cheesecake	85	220	90	10g	5g	0g	25mg	110mg	160mg	0mg	21g	1g	16g	13g
	3oz Puree Lemon Cheesecake	85	220	99	11g	6g	0g	20mg	180mg	160mg	10mg	22g	0g	16g	11g
	3oz Puree Chocolate Mint Patty	85	220	99	11g	6g	0g	25mg	115mg	170mg	0mg	20g	1g	16g	11g
22089	24/3oz Variety Pack: 6 portions of Apple Cobbler, Strawberry Cheesecake, Lemon Cheesecake, Chocolate Mint Patty.														



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